



## **12 LIFE-CHANGING TRUTHS THEY DIDN'T TEACH YOU IN SCHOOL**

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Transform Your Perspective,  
Your Reality and the World

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1

YOU ARE NOT A RANDOM ACCIDENT  
OF BIOLOGY DESTINED TO SUFFER A LIFETIME  
ON A SPINNING ROCK IN SPACE.

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You are a multi-dimensional, energetic light being experiencing life as a human on Earth through the vehicle of a physical body. You—both your Earth self and your non-physical higher aspects—are intentional, purposeful and powerful. It's time to embrace and activate that truth.



## 2

### GOD IS NOT A MAN UP IN THE SKY, WATCHING, WAITING AND JUDGING.

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The essence of God is outside and inside of you. It is the magnificent, living, breathing fabric of everything, everywhere, all the time. It does not punish, judge or wield authority. It does not create fear, consequence or guilt. It simply expresses. One way it expresses is through you as a human being here on Earth during this extraordinary time in the history of humanity.

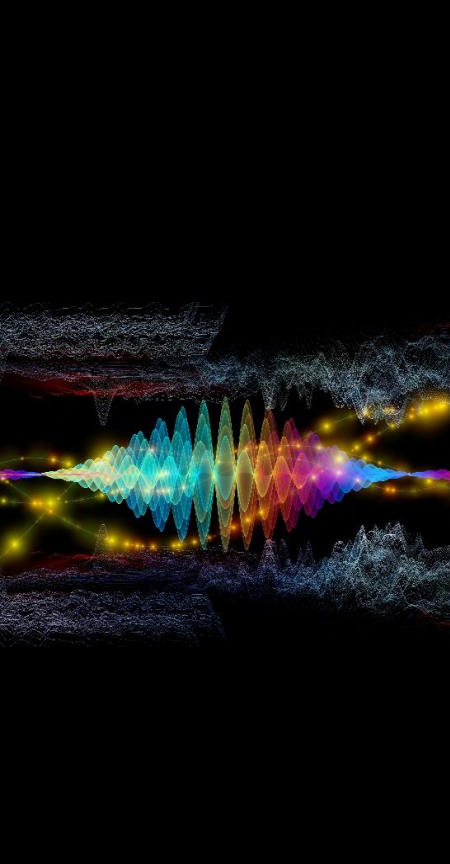
# 3

## PLANET EARTH IS A CLASSROOM WHERE YOU LEARN BY EXPERIENCING DUALITY AND THE ILLUSION OF SEPARATION.

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You are here to experience the full spectrum of emotion; clear and transmute pain and fear; soften and unfold into unconditional love; and learn how to create responsibly for the highest good of all. You will learn that separation is an illusion, and we are and always have been, all one. You do this against the landscape of duality that permeates life on this planet at the current vibrational frequency.





# 4

## MASTERING VIBRATION IS YOUR KEY TO MAKING SENSE OF YOURSELF, OTHERS AND THE WORLD.

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There is power in the invisible. Thoughts are things. Feelings are things. Words are things. You will learn how to become hyper-aware of your signal. You will use new rules and tools to activate, empower and refine your inner creator to willfully direct your life experiences. First, you will do this with the help of teachers and guides, then you will rely exclusively on the wisdom within.

# 5

## YOU CREATE REALITY THROUGH THE VIBRATIONAL SIGNAL YOU PROJECT.

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The physical world experience you are having today is the vibrational match to the thoughts and intentions of your past. There is no luck or coincidence, only energetic alignment and synchronicity that takes time to become real and tangible. Learn how to master this principle, and watch positive, dramatic changes take place.



# 6

ASCENSION IS RISING TO A HIGHER INDIVIDUAL  
AND COLLECTIVE VIBRATION,  
LIKE CHANGING OCTAVES ON A PIANO.

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We are moving from 3D separation consciousness and its inherent fear and judgment of the “other” to 5D unity consciousness and unconditional love. In the 3D, thinking rules; in 5D, reality springs from the heart—the true energetic intelligence center of the human being.



# 7

## TO TRANSFORM YOUR OUTER WORLD, YOU MUST FIRST TRANSFORM YOUR INNER WORLD.

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The people, places, things and circumstances you experience as your everyday life are a direct reflection of your inner world. They are also made up of the collective consciousness, an invisible fabric that locks shared ideas, beliefs and resulting realities in place. Changes in the outer world become possible when each of us transforms the world within.





YOUR LIFETIME IS A HEALING JOURNEY WITH TRIAL,  
TRIBULATION...AND MAGNIFICENT REWARD.

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Everything you have experienced in your lifetime has prepared you for the unfoldment you are now undergoing. You will take your lemons and make lemonade. You will learn to see hardship as your greatest growth opportunity. With newfound inner wisdom, you will flourish and move more quickly through difficulty and pain, eventually rising to an entirely new level of perspective and potential.



# 9

## THERE ARE NO VICTIMS.

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While the principle of cause and effect rules the Earth, “fault” is an ego construct. In awakened consciousness, there are no victims and perpetrators, only soul contracts and of course, free will. You agreed to co-create your experiences with others to learn the soul-level lessons you signed up for in this lifetime. The sooner you learn to love and accept yourself and your path, the sooner you become free to finally bloom and inspire others to do the same.



# 10

THERE IS NO SAVIOR OR RESCUER, ONLY YOU  
ALONE...AND ALL OF US, TOGETHER.

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Gradual energetic upgrades will eventually culminate in the heaven experience that many ancient texts describe, only no physical death is required. We birth this new reality ourselves by holding a collective vibration of unity, joy, abundance and freedom. It starts when each of us becomes aware that the signal we send makes a difference. We then choose to focus the signal on what we want instead of what we don't want. It's so elegantly simple, yet not always so easy.



YOU ARE NOT ALONE. YOU ARE SPECIAL, LOVED,  
CHERISHED, IMPORTANT AND NEEDED.

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You are held by so many on Earth and in the widest expanses of the universe—a family of visible and invisible forces that cheer you on. Being human can be so challenging, but when you awaken, realize your power, and adopt brand new tools for seeing yourself, others and the world, you transform. When you do, you not only heal yourself, but you do your part to heal and change the world, lifting the vibration and resulting experience for everyone.



# 12

## LOVE RULES.

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We spend lifetimes searching in vain for fulfillment in people, places and things. Yet, what we seek has always been *inside*, patiently waiting for its cue to emerge. When we learn to truly see our inner being in its totality, then nurture, know, accept and love who and what we are, we awaken from the slumber, unfold in the activation of our full potential, and create a world that is more positive, equal, abundant and uplifted.

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BRANDY WALTERS ALEXANDER  
TRANSFORMATIONAL COACH

## READY TO RISE AND SHINE?

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I help you RECOGNIZE AND SHATTER limiting thoughts and beliefs, ALIGN with your inner leader and highest authority, ADOPT new rules and tools, and BECOME the powerful creator of your best life. I invite you to book a [complimentary 20-minute exploratory session](#) to discuss your goals for personal or team development and expansion.

Warm regards,

*Brandy* 